### Acknowledgements

THE MEMBERS OF THE PELICAN RAPIDS SCHOOL FUND WOULD LIKE TO THANK YOU FOR ATTENDING! WITHOUT YOUR TICKET PURCHASE. THIS EVENT WOULD NOT BE TAKING PLACE! WE WOULD ALSO LIKE TO THANK EVERYONE WHO HAS MADE DONATIONS. HELPED WITH SETUP. THE PRINTING AND SELLING OF TICKETS AND MORE. THANK YOU FOR YOUR INVESTMENT IN OUR SCHOOL...OUR CHILDREN...OUR FUTURE.

#### **BUSINESS SPONSORS**

PELICAN RAPIDS VFW, SANFORD HEALTH, FORSGREN PHEASANT FARM, CHRISTIANSON BUS SERVICE, THRIVENT, BELL BANK, CHILL GUIDE SERVICE, ENVY SALON AND SPA, FROM WHERE I COME PHOTOGRAPHY, OTTER TAIL 23 MEATS, PARK REGION TELEPHONE COMPANY, PELICAN DRUG, POOL HALL GANG, PELICAN RAPIDS ROTARY CLUB, JESSICA'S FAMILY DAYCARE, LAKES ELITE DETAIL, LAKELAND SMILES, LARRY'S SUPERMARKET, SUPERIOR LAKESIDE, ERICKSON INSURANCE, HILLBILLY LASER, KREKELBERG LAW FIRM, LARSON FUNERAL HOME, LONGWEEKEND SPORTSWEAR, PARK REGION TELEPHONE COMPANY, FARGO-MOORHEAD REDHAWKS, THEA'S PUMPKIN PATCH, BIRCHWOOD GOLF COURSE, SOUTHTOWN C STORE, 108 YOGA & WELLNESS STUDIO

#### VIKING GALA MEMBERS

MADISON ABARR, PAM EIDEN, JESSICA FAHJE, TERRA FITZSIMMONS, TRACY FJESTAD, KARI GREFSRUD MANCINI, AMY HAIBY, TORI HUSEBY, BRENDA OLSON, CARLA RICHARDSON, SARAH SCHULTE, CHARLA SETER, AMANDA TWEETON, NICOLE TWEETON, ANGIE WESTBY

#### PELICAN RAPIDS SCHOOL FUND ADVISORY BOARD

JESSICA FAHJE, SEAN FITZSIMMONS, BRIAN KORF, BRIAN MANCINI, LLOYD NELSON, BRENDA OLSON, BOB SATTERLIE, PHIL STOTESBERY, BECKY WONTOR

THE MISSION OF THE GRANT PROGRAM OF THE PELICAN RAPIDS SCHOOL FUND IS TO PROVIDE FINANCIAL SUPPORT ON PROJECTS WHICH WILL PROVIDE AND ENHANCE EDUCATIONAL OPPORTUNITIES FOR STUDENTS OF ISD 548, THUS MAKING A POSITIVE IMPACT ON OUR COMMUNITY AND WORLD.

Game Information

GAMES 1-2 SOCIAL HOUR, DRAWINGS @6:30 PM

GAMES 3-5 @8:30-10:30 PM, DRAWINGS @10:45 PM

GAME 1

**SPLIT THE POT** 

GAME 2

MYSTERY BOARD RANDOM PRIZES

GAME 3

#### **PLINCO**

- FROM WHERE I COME GIFT CARD
- LAKES ELITE DETAIL GIFT CARD
- LOTTO BASKET (EXP REALTOR CARLA RICHARDSON)
- INFLATABLE PADDLEBOARD (CHRISTIANSON BUS)
- PRHS BASKET (PRHS)
- GOLF PUNCH (BIRCHWOOD)

#### GAME 4

#### HOLES

- FISHING PACKAGE (CHILL GUIDE SERVICE)
- FIRE PIT (ENVY SALON & SPA)
- OTTER TAIL 23 MEAT BUNDLE (OTTER TAIL 23 MEATS)

#### GAME 5

#### STRETCH RAFFLE

- PIZZA OVEN (SANFORD HEALTH)
- BOOZE COOLER (JESSICA'S FAMILY DAYCARE)

NOTE: THERE MAY BE ADDITIONAL PRIZES NOT LISTED ABOVE





Welcome to the Viking Gala!

SATURDAY, OCTOBER 5, 2024

5:00-6:30PM.....SOCIAL HOUR & GAMES

6:30-8:00PM.....DINNER

7:30-8:30PM.....FORMER MEMBER RECOGNITION 2024 INDUCTEES HONORED

8:30-10:30PM......GAMES

10:30PM.....DRAWINGS

# TO LEARN. TO LEAD

OUR TRADITION OF STRONG ACADEMICS, DYNAMIC ART PROGRAMS, AND COMPETITIVE ATHLETIC TEAMS CONTINUE TO PROVIDE OPPORTUNITIES FOR STUDENTS OF ALL BACKGROUNDS, INTERESTS, AND ABILITIES TO SUCCEED IN LIFE, EDUCATION, AND FUTURE CAREERS. UNIQUE COURSE OFFERINGS, CDL, CNA & EMT CERTIFICATIONS, AND THE ABILITY TO AQUIRE UP TO 40 COLLEGE CREDITS ENABLE STUDENTS TO EXPLORE THEIR INTERESTS WITHOUT LEAVING CAMPUS AND TO GRADUATE WITH A PLAN FOR POST-SECONDARY EDUCATION, MILITARY SERVICE, OR ENTERING THE WORKFORCE.

A HEARTFELT THANK YOU TO THE STAFF, SCHOOL BOARD, PARENTS, COMMUNITY MEMBERS AND BUSINESSES WHO CONTINUE TO INVEST IN OUR STUDENTS BY SHARING THEIR TIME AND RESOURCES!



COACH EXCEPT FOR ME. AND. I BECAME A VERY GOOD WAITRESS AND BARTENDER!

I DECIDED TO GO BACK FOR A GRAD PROGRAM THAT WOULD ALLOW ME TO TEACH SPECIAL EDUCATION. I WAS HIRED BY PRHS BECAUSE THEY NEEDED A CERTIFIED TEACHER IN THE HIGH SCHOOL AND THEY WANTED TO ADD ELECTIVES IN THE SOCIAL STUDIES. FOR THE FIRST YEAR I WORKED WITH SPECIAL NEEDS KIDS. THE FOLLOWING YEAR I STILL HAD A SPECIAL ED CASELOAD BUT BEGAN TEACHING PSYCHOLOGY TO SENIORS. LATER, AFTER A STAFF RETIREMENT, I TAUGHT CIVICS AND PSYCHOLOGY, I RETIRED FROM FULL-TIME TEACHING BUT STARTED TO WORK WITH OUR NEW ONSITE ALTERNATIVE SCHOOL PART-TIME FOR SEVEN YEARS.

I MARRIED A PELICAN GRAD, A VIETNAM WAR VETERAN, AND WE RAISED OUR VIETNAMESE UNACCOMPANIED MINOR CHILDREN, 4 SIBLINGS, HERE. THEY ATTRIBUTE A LOT OF THEIR SUCCESS IN LIFE WITH THE PELICAN SCHOOLS AND GREAT TEACHERS.

I LOVED TEACHING CIVICS AND PSYCHOLOGY-ESPECIALLY DURING ELECTIONS-PURE PSYCHOLOGY! I LIKED THE ENERGY OF 7TH GRADERS AND CHALLENGE OF KEEPING THEM ON TASK BUT STILL MAKING PROGRESS. SENIORS ARE REALLY FIGURING OUT WHERE THEY ARE GOING IN LIFE AND ALWAYS MADE ME THINK AS WE KICKED AROUND IDEAS-THEY AMAZED ME! I ENJOYED WORKING WITH KIDS WHO HAD A ROUGH TIME WITH SCHOOL AND WERE IN THE ALTERNATIVE SCHOOL. SOMETIMES THEY JUST NEEDED PERSONAL RELATIONSHIPS TO HELP THEM THROUGH TOUGH TIMES. I STILL ENJOY SUBBING.

I HAVE WORKED WITH THREE GREAT PRINCIPALS, EACH WITH A VERY DIFFERENT WAY OF LOOKING AT THEIR JOB AND WORKING WITH THE STAFF. BUT I ALWAYS KNEW THAT THEY CARED ABOUT KIDS. I HAVE TAUGHT WITH MANY FORMER STUDENTS. FOR AWHILE, BOTH BRIAN KORF AND DR. ED RICHARDSON WERE MY BOSSES-I LIKED TO TELL THE KIDS THAT-THEY WANTED TO KNOW HOW OLD I WAS.

person who believed in them first.

I WAS A 5TH GRADE TEACHER FOR MY ENTIRE TEACHING CAREER AT PELICAN RAPIDS SCHOOLS. I REALLY ENJOYED THE CAMARADERIE AMONGST THE STAFF AND HOW EVERYONE ALWAYS HELPED EACH OTHER.

ONE OF THE THINGS I REALLY ENJOYED WAS

THE 5TH GRADE MAPLEWOOD STATE PARK CAMPING EVENT THAT JOHN NORDSTROM AND I STARTED.

I AM GRATEFUL THAT I WAS ALREADY RETIRED DURING COVID AND DID NOT HAVE TO DO THE 'DISTANCE LEARNING'. MY WIFE AND I DO A LOT OF CAMPING AND TRAVELING NOW, VISITING OUR KIDS AND 7 GRANDKIDS IN NEW

MEXICO AND OREGON.



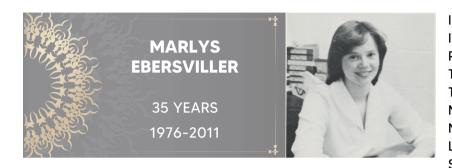
I BEGAN MY TEACHING CAREER IN PELICAN RAPIDS IN THE 1978-79 SCHOOL YEAR. WHEN I FIRST GRADUATED FROM COLLEGE, I SPENT A COUPLE OF YEARS LOOKING FOR A JOB TEACHING SOCIAL STUDIES AND PSYCHOLOGY WITH NO COACHING EXPERIENCE OR CREDITS. I PROBABLY SHOULD HAVE REALIZED THAT WOULD HAVE BEEN A PROBLEM WHEN MY SENIOR SEMINARS WERE ABOUT 20 MEN AND 3 WOMEN, ALL THAT COULD





## Staff Honor Roll 2024

Thank you for all of your years of service and dedication to the students, parents, school and our community!



IN JUNE 1976 PRHS PRINCIPAL DON BREDELL INTERVIEWED ME FOR AN ENGLISH TEACHING POSITION. AFTER TOURING THE BUILDING AND TALKING FOR AWHILE, MR. BREDELL SAID THAT THE SUPERINTENDENT WOULD WANT TO MEET ME; MEANWHILE, HE HAD A STAFF MEMBER BUY ME ONE OF THE \$.10 POPS IN THE FACULTY LOUNGE WHILE HE TALKED WITH SUPERINTENDENT CHAUNCEY MARTIN.

WHEN I WAS RETURNED TO MR. BREDELL'S OFFICE, MR. MARTIN WAS THERE; HE ASKED ME IF I WANTED A CONTRACT. I SAID, "YES," BUT I WASN'T COMPLETELY CERTAIN THAT HE WAS OFFERING ME A JOB. HOWEVER, HE THEN SAID, "OK, I'LL GET THE CONTRACT READY." I SIGNED THE CONTRACT FOR MY FIRST TEACHING JOB A FEW MINUTES LATER. IN THOSE DAYS, THERE WERE NOT TONS OF TEACHING OPENINGS-ESPECIALLY FOR ENGLISH AND SOCIAL STUDIES TEACHERS; I HAD PREVIOUSLY DECIDED THAT I WOULD ACCEPT THE FIRST JOB OFFER THAT CAME MY WAY. WHO KNEW THAT I WOULD LOVE WORKING AND LIVING HERE AND STAY IN PELICAN RAPIDS FOR MY ENTIRE CAREER?

I REALLY ENJOYED TEACHING VARIOUS ENGLISH CLASSES AND LEVELS FROM THE FALL OF 1976 UNTIL THE SPRING OF 1985. LOVED BEING AN ENGLISH TEACHER-I THINK THE 7TH GRADE ENGLISH CLASSES WERE MY FAVORITE. I ALSO DIRECTED SEVERAL ALL-SCHOOL PLAYS AND COACHED SPEECH FOR A SEASON; LATER I SERVED AS ADVISOR FOR THE SCHOOL YEARBOOK FOR A NUMBER OF YEARS.

SUSPECTING THAT DECLINING ENROLLMENT WOULD BE THREATENING MY POSITION IN THE NOT-SO-DISTANT FUTURE, I ASKED FOR A LEAVE OF ABSENCE IN 1981-82 TO ATTEND MOORHEAD STATE UNIVERSITY WHERE I COMPLETED THE REQUIREMENTS FOR A MASTER'S DEGREE IN COUNSELING AND GUIDANCE. FOLLOWING THAT YEAR, I RETURNED TO TEACH ENGLISH IN THE PRHS ENGLISH DEPARTMENT.

WHEN COUNSELOR CYRUS TRYGSTAD RETIRED IN 1985, MR. BREDELL, MR. KLEIN, AND THE BOARD OF EDUCATION WERE GOOD ENOUGH TO HIRE ME TO BE THE SCHOOL COUNSELOR. I REMAINED IN THAT POSITION UNTIL I RETIRED. IN ADDITION TO WORKING WITH THE PREVIOUSLY-MENTIONED ADMINISTRATORS, I APPRECIATED THE TEAM ENVIRONMENT THAT MR. GLENN MOERKE, MY NEXT PRINCIPAL, ESTABLISHED WITH MR. AL SIEGLE, MR. KLEIN, AND MYSELF. THOSE RELATIONSHIPS WERE EXTENDED TO SUBSEQUENT ASSISTANT PRINCIPALS, PRINCIPALS, AND SUPERINTENDENTS-MOST NOTABLY MR. BRIAN KORF AND MS. DEB WANEK. I ALWAYS FELT SUPPORTED BY THE ADMINISTRATION AND STAFF OF DISTRICT #548.

I AM REMINDED OF SOMETHING THAT AL SIEGLE SAID AT HIS RETIREMENT PARTY: HE BEGAN WITH "YOU ASK A MAN FOR A JOB. . . " I ALSO ASKED FOR A JOB AND, IN ADDITION, I GAINED A RICH AND FULL LIFE.

IT WAS MY GREAT HONOR TO SERVE AS THE ACADEMIC AND PERSONAL COUNSELOR FOR THE STUDENTS OF PELICAN RAPIDS HIGH SCHOOL. BEING ALLOWED INTO THE LIVES OF MY STUDENTS WAS TRULY HUMBLING AND SACRED. IN ADDITION, IT WAS ALSO MY GREAT HONOR TO HAVE THE RELATIONSHIPS I WAS FORTUNATE ENOUGH TO HAVE WITH THE WONDERFUL STAFF AT PRHS.

THANK YOU SO MUCH FOR NAMING ME TO THE VIKING STAFF HONOR ROLL. IT WILL BE CERTAINLY BE ONE OF THE GREATEST HONORS OF MY LIFE.

Vikings Hall of Fame 2024

#### VIKINGS HALL OF FAME AND STAFF HONOR ROLL MEMBERS

STAFF HONOR ROLI
JACK COUTURE
KEITH KLEIN
JOHN MATHESON
JOHN NORDSTROM
JERRY POLLEY
STAFF HONOR ROLL
RUTH HOLMGREN
VAN HOLMGREN
HAZEL HOVDE
BOB KING
STAFF HONOR ROLL
MIKE DOUGLAS
JIM FLETCHER
AL GROTHE
JOHN MCMILLEN
STAFF HONOR ROLL
KATHY BERGREN
JEANETTE GOBEL BONNIE NORDSTROM
WAYNE WOOLEVER





WE ARE PROUD TO INTRODUCE THE 2024 VIKINGS HALL OF FAME AND STAFF HONOR ROLL INDUCTEES



#### **VOLLEYBALL ACCOMPLISHMENTS**

• HEART O' LAKES MVP 1980 & 1981

#### **BASKETBALL ACCOMPLISHMENTS**

- HEART O' LAKES ALL-CONFERENCE 1980-81
- HEART O' LAKES ALL-CONFERENCE MVP 1981-82

#### NORTH DAKOTA STATE UNIVERSITY

 NDSU VOLLEYBALL NORTH CENTRAL CONFERENCE ALL ACADEMIC 1983 & 1985

#### **COLLEGE COACHING CAREER**

- AUGUSTANA COLLEGE & NDSU 390-173 W/L (.693) 1990-2005
- NDSU CONFERENCE (NCC) WIN % (.776) INCLUDING 4 NCC TITLES & 9 NCAA TOURNEY APPEARANCES
- NATIONAL RUNNER-UP IN 1998
- AVCA DIVISION II COACH OF THE YEAR 1998
- NDSU HALL OF FAME INDUCTEE 2018

I AM CURRENTLY LIVING IN FARGO AND SERVING AS A PROJECT COORDINATOR IN THE OFFICE OF TEACHING & LEARNING AT NDSU AFTER AN 18 YEAR CAREER AS AN ACCOUNT EXECUTIVE FOR THE VILLAGE FAMILY SERVICE CENTER & VARIOUS SOFTWARE COMPANIES. I ENJOY SPENDING TIME AT OUR STAR LAKE CABIN AND LOVE TO GOLF, BIKE, SKI, WATCH SPORTS, TRAVEL ANYWHERE AND EVERYWHERE AND READ.



# Congratulations to the 2024 Viking Hall of Fame Nominees!

#### RACHEL LONGFORS-RADIC 2001 GRADUATE TRACK & FIELD.

#### **TRACK & FIELD ACCOMPLISHMENTS**

- STATE DISCUS CHAMPION 2001
- STATE DISCUS RUNNER-UP 2000

#### **BASKETBALL ACCOMPLISHMENTS**

- SECTION CHAMPIONS 2000-01
- ALL-CONFERENCE & ALL-STATE 2000-01
- 1,000 POINT CLUB
- ACADEMIC ALL-STATE & ALL-STAR GAME 2000-01
- AAA AWARD WINNER
- NATIONAL HONOR SOCIETY

#### UNIVERSITY OF FLORIDA

- WOMEN'S SCHOOL RECORD HOLDER DISCUS 2004-2023
- ALL-TIME TOP 10 WOMEN'S TRACK & FIELD IN **DISCUS & 20# WEIGHT THROW**
- NCAA RUNNER-UP 2005
- GATOR ACHIEVEMENT AWARD WINNER (OUTSTANDING ACHIEVEMENT IN SERVICE, ACADEMICS AND SPORTS)
- 6X ALL-AMERICAN: 4X DISCUS; 2X 20# WEIGHT THROW

#### POST COLLEGE

- 4 X OLYMPIC TRIALS PARTICIPANT
- LIFETIME BEST AT 2016 FINAL OLYMPIC TRIALS IN WOMEN'S DISCUS.
- 7TH PLACE FINISH

I CURRENTLY WORK AS AN OPERATING ROOM NURSE IN MASSACHUSETTS.



#### **TRACK & FIELD ACCOMPLISHMENTS**

- GATORADE MN TRACK & FIELD ATHLETE OF THE YEAR 1997
- STATE CHAMP DISCUS 1996 & 1997
- STATE RUNNER-UP SHOTPUT 1997
- SET SCHOOL RECORD DISCUS (151'10")
- SET SCHOOL RECORD SHOTPUT (40'10.25")

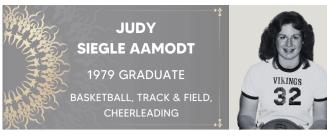
#### **BASKETBALL ACCOMPLISHMENTS**

- ALL-CONFERENCE 1996-1997
- NATIONAL HONOR SOCIETY
- AMERICAN LEGION GIRLS STATE REPRESENTATIVE 1996

#### UNIVERSITY OF OKLAHOMA

- ALL-CONFERENCE BIG XII 1998-2001
- OU ATHLETIC DIRECTOR'S LEADERSHIP AWARD 2001
- OU SERVICE AWARD 2000
- OU REP TO THE BIG XII
- STUDENT ATHLETE ADVISORY BOARD 1999-2001

I SPECIALIZE IN VESTIBULAR THERAPY AND WORK AS A SPECIALIST IN SOUTHWESTERN VIRGINIA, I AM MARRIED TO THE LOVE OF MY LIFE (SEAN) AND WE HAVE A 5 YEAR OLD SON (SETH) AND LIVE IN ROANOKE, VA.



#### BASKETBALL ACCOMPLISHMENTS

- HEART O' LAKES ALL-CONFERENCE 1976-77, 1977-78, 1978-79
- ALL-STATE BASKETBALL 1978-1979
- SET SCHOOL RECORD CAREER SCORING (961)
- SET SCHOOL RECORD POINTS SINGLE GAME (34)
- SET SCHOOL RECORD SEASON AVERAGE (19.8)
- SET SCHOOL RECORD FREE-THROW PERCENTAGE (72)
- SET SCHOOL RECORD FREE-THROWS SINGLE GAME (11)

#### **TEAM CAPTAIN**

FOOTBALL CHEERLEADING, BASKETBALL, TRACK

**CLASS SALUTATORIAN** CLASS ALL-AROUND STUDENT 1979

#### CONCORDIA COLLEGE

FELLOWSHIP OF CHRISTIAN ATHLETES, PRESIDENT

#### **POST-COLLEGE HONORS**

- FARGO'S OUTSTANDING EMPLOYED DISABLED CITIZEN 1989
- ND OUTSTANDING DISABLED CITIZEN 1990
- MN STATE HIGH SCHOOL LEAGUE HALL OF FAME 1999
- FARGO'S YWCA WOMAN OF THE YEAR 2002
- ALUMNI ACHIEVEMENT AWARD CONCORDIA COLLEGE 2005
- 2 TIME PARALYMPIAN: ATLANTA 1996: SYDNEY. **AUSTRALIA 2000**
- PARTICIPANT IN WORLD GAMES: ENGLAND 1998
- PANAM GAMES: 2 GOLD MEDALS IN THE 800 AND 1500 METER EVENTS, MEXICO CITY 1999
- FORMER NATIONAL RECORD HOLDER IN 400, 800 & 5000 EVENTS FOR QUADRIPLEGIC WOMEN
- CURRENT NATIONAL RECORD HOLDER IN 1500 FOR QUADRIPLEGIC WOMEN
- USA WHEELCHAIR TRACK & FIELD FEMALE ATHLETE OF THE YEAR 2000
- ND "WHEELS FOR THE WORLD" CHAIR CORPS **REPRESENTATIVE: COLLECTED OVER 1600** WHEELCHAIRS; ASSISTED WITH DISTRIBUTIONS IN ROMANIA. EGYPT AND JORDAN 1998-2008
- AUTHOR OF "LIVING WITHOUT LIMITS: 10 KEYS TO UNLOCKING THE CHAMPION IN YOU"

I AM THE CURRENT DIRECTOR OF WOMEN'S MINISTRIES AT HOPE LUTHERAN CHURCH, FARGO.







#### **ADMINISTRATOR**

- PELICAN RAPIDS HIGH SCHOOL PRINCIPAL 26 YEARS 1986-2012
- PELICAN RAPIDS PUBLIC SCHOOLS INTERIM SUPERINTENDENT 1 YEAR

#### ANNOUNCER

- VOICE OF THE PELICAN RAPIDS VIKINGS 38+ YEARS 1986-PRESENT
- ATHLETIC CONTEST ANNOUNCER LOCAL, SECTION & STATE LEVEL 1.500+ TOTAL CONTESTS 1983-2024
- HEART O' LAKES CONFERENCE SECRETARY/TREASURER 1986-2010

#### COACH

- ESTABLISHED CROSS COUNTRY PROGRAM 1992
- CROSS COUNTRY COACH 1992-1993
- GLENN MOERKE INVITATIONAL CROSS COUNTRY **MEET ESTABLISHED 2010**

ONE THING THAT HAS ALWAYS BEEN MEMORABLE TO ME. MY FIRST JOB ANNOUNCING WAS AT ELBOW LAKE. A FOOTBALL GAME IN THE MID 80'S ANNOUNCED FROM THE BACK OF A PICKUP TRUCK SITTING BESIDE OATS LEGRAND AS HE DID PLAY BY PLAY FOR A FERGUS FALLS RADIO STATION. OATS ALWAYS STAYED IN TOUCH AND ENCOURAGED MY ANNOUNCING BOTH AT ELBOW LAKE AND PELICAN RAPIDS. I STARTED ANNOUNCING FB AND BBB FOR THE ELBOW LAKE "GOLDEN EAGLES".

